

Mastering M.E. - Mind & Emotions

Week 6 Quantum vs. Lineal - A look at Judgement and Forgiveness Center

Intentions - personal and group

Recap of week 5

Intention, Alignment, and Guidance

Paying attention to the flashes of light, intuition and exercising the muscle that holds it in place.

Share Gratitude and Win

"Success will come from your Integration and Application of what you take away from this call"

"Success comes from the new habits we put in place and repeat over and over again"

Quantum verses Lineal

Subtle difference in between noticing contrast and going there

Forgiveness - Time to look within for any traces of where you still Hold Judgement. This is were we have forgiveness work to do.

Forgiveness of others, Forgiveness of SELF

Forgiveness is freedom - from holding onto lower vibrational energy.

The TRUTH IS: we should "give thanks as well that we are changeless." This means that the only part of me that is real is changeless Love. This also means that the only part of everyone in this world that is real is the changeless Love, as God created them. This makes everything very simple. All the complications of this world disappear. There is only one reality. Everyone in this whole world is still as God created them.

TREE Meditation - Connect within to all that you are in this bonus meditation.

Video link to better understand Quantum Physics -called Easy Quantum Mechanics

Your LIFE WORK for the week.

Observe - 360 Awareness

Get clear on what FORGIVENESS is

Look to offer and to receive forgiveness for all your misperceptions.

Notice any and all judgments and offer forgiveness

Turn UP the Volume- to who you are. Tune into LOVE.

READ, Feel, Experience your Vision

Set Goals - TAKE ACTION STEPS

Utilize your Planner -