

Mastering M.E. - Mind & Emotions

Week 4 - **Deserving & Becoming**

Center

Share Gratitude and Win

Intentions - personal and group

Recap of week 3

Two sides of Feedback

Noticing when we are receiving Feedback

Taking control of our power to alter feedback

Deserving - The moment you start to wonder if you deserve better - YOU Do

"Everything changes the moment you realize you deserve better.

Who decides your deserving? Where do you connect with deserving? Sit with the word and allow the power in the word alone to consume you, to become you, to fulfill you.

Becoming - Treat people as if they are what they ought to be and you help them become what they are capable of becoming.

Life isn't about getting more, It's about becoming MORE.

"FALL in LOVE with WHO you are BECOMING"

Your LIFE WORK for the week.

Observe - 360 Awareness

Get clear on your sense of Deserving

Notice who walks with you

Notice who you are becoming

Turn UP the Volume- Increase your Deserving

READ, Feel, Experience your Vision

Set Goals - TAKE Daily ACTION Steps

Push yourself OUTSIDE YOUR COMFORT ZONE

Utilize your Planner -

