



Charting Your Course

Identifying Your **Purpose & Vision**

“You can’t get to your dream, you must come from it.”

— Mary Morrissey

Introduction

Purpose and vision work hand in hand to help you chart your course. Your Purpose represents the **WHY** while your vision represents the **WHAT**.

Your **PURPOSE** is an overarching statement of Why your are here. What is your unique contribution or gift that you bring to the world? What is that thing for which you have a burning desire? This is the WHY that get's you out of bed in the morning and that pulls you forward. Your purpose is your ultimate destination.

Your **VISION** represents the total journey you are taking. It represents what you are doing with your life. Your vision maps the course that enables you to live your purpose.

Purpose

Having a purpose makes most of life's decisions easier to make. A purpose helps you become persistent and resilient at times when those qualities are required to deal with some of life's most challenging situations. A definite purpose removes the confusion that is often experienced when deciding what to do next.

Becoming aware of your purpose helps you connect with the higher side of your life, and will uncap a fountain of inspiration. It connects you to something much larger. To get in touch with your purpose in life, it is suggested that you find a peaceful environment—a place where the spiritual essence of you will shine.

A purpose statement can be very simple. Some examples include...

- To be a beneficial presence to others.
- To bring my unique gifts and talents to the world.
- To express and experience more of my divine essence.

Vision

“Where there is no vision, the people shall perish.” – Proverbs

Solomon’s wisdom is as accurate today as it was centuries ago. The vision that you are holding in your mind must always be clear, larger and more magnificent than the conditions or circumstances in which you presently find yourself.

The vision that you hold and impress upon your mind will determine what you are in harmony with ... and whatever you are in harmony with, will be magnetized to you.

The larger and clearer the vision, the bigger, better and more effective the ideas will be that flow into your consciousness.

In writing your vision, ask yourself first and foremost, what would I **LOVE**? Be specific. Paint the picture exactly as you desire it to be. Be descriptive – five sensorize it – how does it feel, taste, look, sound or smell? Describe the life you would absolutely LOVE living in the four key domains of life – your Health, your Relationships, your Career or Creative Expression, and your Time and Money Freedom. What would you love your life to be like in these four key areas?

Place your vision under the umbrella of gratitude and state it in the present tense, as if you are already living that life – ***I am so happy and grateful now that...***

And finally, always hold your vision with purpose an open hand – ***this or something even better still***. By holding your vision with an open hand, you leave room for Spirit to work, and to surprise you with the “even better still.”

