

Coaching Agreement

Welcome

I have the most positive expectations for our coaching relationship that helps you to create the life YOU want to live. My coaching style is evocative, as I wish to pull forth your inner greatness. To partner together in the most powerful way possible I want you to be familiar with the following guidelines.

Coaching Guidelines

Terms of Coaching

The terms of this coaching engagement is 12 sessions lasting 1 hour each over the next 3 months.

Program Components

Because I want to support you by **staying in constant contact with the content** this program also includes - either online access to recorded calls, or email access, material to aid the training or lessons, Reflections, Lifework and a journal to use if do not have access. Please keep your information in a folder and have it with for each and every call.

Fees

The Coaching Fee is \$ 3000 per person, unless we discussed your situation differently.

Procedure

You (the client) are responsible to call or login at the designated number or website at the scheduled group coaching time.

Changes

If you are unable to make an appointed time for the group call - You will be able to listen to the recorded version of it. Emergencies do come up, we understand.

Coaching Agreement

Coach - Donalee Gastreich

I will offer a system for accessing your capacity to create a life you LOVE in every way that matters to you. I will bring attentive listening, understanding and believe in you even when you may have a hard time believing in yourself. You can expect me to offer fresh perspective, make requests, suggest action steps, acknowledge your wins and guarantee utmost confidentiality (to the fullest extent of the law, and so long as I don't fear for you or another's safety) in our powerful, sacred coaching relationship.

Coaching Agreement Continued

I cannot guarantee your results, however, I've seen numerous clients create powerful results by having the courage and determination to apply the principles we discuss. Experience has shown over and over again that this works, if you work it.

I am not a psychotherapist or physician,. I am not trained in diagnosing psychological or medical conditions. If any issues arise that I believe would be best handled by a licensed therapist or physician, I will suggest you tend to this side of your health with an appropriate professional.

Client – this is YOU.

I am motivated and committed to taking action on my personal and professional goals. I realize that anything less than my intention full participation may not lead to my success. I accept full responsibility for myself and any actions I take that result from said coaching.

I have a physician and am healthy enough to engage in coaching and have disclosed any and all medications I have or am now taking and acknowledge I am healthy enough to engage in coaching.

I agree to Pay in full for the course prior to start of coaching.

I agree to honor my scheduled group coaching calls.

In order to maximize the results I wish to achieve, I understand that this is a NO Quitting and NO Refund contract and I intend to engage fully in this coaching process for the duration of the program.

I have read and agree with these Coaching Guidelines.

Client Signature: _____ Date: _____